

Notes about these videos:

The short demo videos with Marcy were from the very first group demonstration I ever did, I think it was 2013. I was petrified that it wouldn't work! There were about 40 people packed into this furniture store where I bought my first desk. The owner did regular education sessions for her clients and when she found out what I did she signed me up right away. Marcy was a very 'touchy, feely' person, but very nervous. I wanted her to feel comfortable in a kinesthetic way, though when I look back at this, I would NEVER touch a person this much now! Marcy became a client and she has returned for a few issues over the years, primarily pain management. She is dedicated to practicing self-hypnosis. Of all my clients, she is the most interesting and expressive client I've ever had. She is highly suggestible and acts out things, and at times has completely turned herself around in the chair, or emerged with her feet up on the wall and her head hanging over the chair. Later in this course, you will hear audio of Marcy as I prepare her for surgery.

In the complete first session protocol with my client Lisa, you will see how quickly it can be done (less than 20 minutes). You can also watch the post-hypnosis interview. Notice how I personalize the standard session for her. I gave her the post hypnosis for red, but also for the number 5 because she worked with numbers all day. Lisa approached me after a presentation I gave. During our brief talk, she started to cry, indicating how ready she was to deal with what was bothering her. In the interview, I learned that she felt she had lost her connection with God, and was super stressed with a husband who was going blind. People took advantage of her because she could never say no. She had no time for herself and no space of her own. She needed nurturing and you can see that a gentle manner and approval were very important to her. I allow her plenty of time to be in her peaceful place because she was so clearly enjoying being there. If you take the ERW course, you will see how Lisa completely transforms. She is also a part of the Spirit Releasement class, as she had an attachment - a big surprise for me at the time.